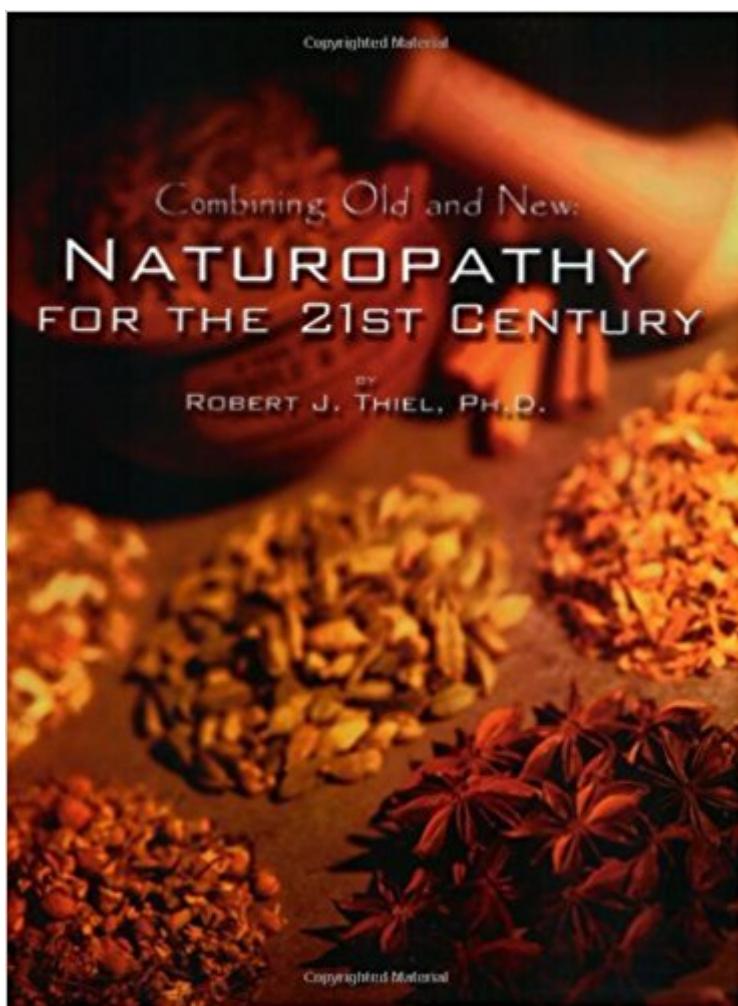


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# Combining Old And New : Naturopathy For The 21st Century



## **Synopsis**

This book... is highly recommended for those studying to be board certified by the American Naturopathic Medical Certification and Accreditation Board. has been adopted as a text book by several naturopathic schools. includes works by J.H. Kellogg, M.V. Kulkarni, Royal Lee, G.J. Drews, J.H. Tilden and other early naturopathic pioneers. explains what modalities are used by naturopaths. answer the questions, "Why do people get sick?", "What is the cause of disease?" and "How do people get well?"

## **Book Information**

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## **Customer Reviews**

Dr. Robert Thiel, author of *Combining Old and New: Naturopathy for the 21st Century*, is a nationally recognized researcher, scientist, and naturopath. He is not a medical doctor, but is registered as a naturopath by the Federal District of Columbia, licensed as a Naturopath by the State of North Carolina, licensed as a Naturopathic Scientist by the State of Alabama and is licensed as a Naturopathic Physician by Bingham County, Idaho. He believes that clinical science demonstrates that through natural interventions, the body can heal itself of both chronic and acute ailments. Dr. Thiel's research captured the attention of the National Institute of Health, National Cancer Institute, and National Institute for Allergy and Infectious Disease, all of which have reviewed Dr. Thiel's research on nutritional supplementation on serum levels of immune system lymphocytes. In 1998, he was named Research Scientist of the Year by the American Naturopathic Medical Association. In 1999, they named him Physician of the Year. He is also president of the California State Naturopathic Medical Association.

Dr. Robert Thiel, the author of "Combining Old and New: Naturopathy for the 21st Century" is a nationally recognized researcher, scientist, and traditional naturopathic practitioner. I take pains to refer to the author as a traditional naturopathic practitioner as distinct from a naturopathic physician owing to a schism that has taken place between two lines of thought and practice in contemporary naturopathy. The point warrants emphasis as Dr. Thiel and his work are very clearly identified with one of them, and that one is the classical naturopathy (not 'naturopathic medicine') of Drs. Benedict Lust, Bernard McFadden, John Christopher and the Lindlahrs. Consonant with the philosophy of classical naturopathy, Dr. Thiel believes and makes a convincing argument for the fact that both basic research and clinical science demonstrate that through natural interventions, the body can heal itself of both chronic and acute ailments. This very thorough and very readable work embraces both a history of naturopathy from its remotest origins in antiquity, through its development in 19th century Europe, its pioneering work in America and its elaboration up to the present day as well as a survey of the various schools of thought and philosophies within the naturopathic current and an overview of the diagnostic and therapeutic modalities used by classical naturopaths and embracing the whole range of material, medicinal, mechanical and mental therapies. Well-organized, well researched and yet very enjoyable, Dr. Thiel's work will be useful to several types of reader: the patient who has grown disenchanted with the deficiencies of the conventional biomedical model of healing; the individual considering undertaking training for the professional practice of naturopathy; and both alternative healers as well as the mainstream biomedical practitioners who wish to do more for their patients by making a commitment to their own and their patients' education in the prevention and non-invasive treatment of disease. The book includes extensive extracts from the works of such luminaries as J.H. Kellogg, M.V. Kulkarni, Royal Lee, G.J. Drews, J.H. Tilden, H. Lindlahr and other early naturopathic educators. A testimony to its breadth and its depth, this book is recommended for those reviewing for the examinations conducted by of the American Naturopathic Medical Certification and Accreditation Board for the 'Certified Traditional Naturopath' designation and has been adopted as a standard introductory textbook by several naturopathic training institutions. I strongly recommend this work by Dr. Thiel to anyone seriously interested in the field of classical naturopathy and the insights it offers into contemporary health issues. Its technical character does not make it labored reading, and for that reason it is well suited to both professional and lay audiences.

This book is very helpful. We need to learn how to help ourselves and not go to the doctor for every little ache or pain. I always try a natural remedy for about two weeks before considering a trip to my

Naturopath. I am not against Allopathic Medicine and have used it when needed it. The key to using Naturopathy is education. One needs to learn as much as possible about it and then will feel comfortable using it. Always research products to make sure you get them in the purest form.

Great help to learn the history and defining the difference of philosophy and thought between Naturopathy and Allopathy. A must study for those interested in the practice of the Naturopathic lifestyle or Mentorship of others... This book brings the old world of Natural Healing and the new world of health and wellness together

I so far have found this book by far the best in accompanying text books in my studies to becoming a Naturopath.

#### Informative

This book is very informative and an easy read. can be a little wordy at times though, The book arrived in amazing condition for the price I paid. I love for their fast and effective service.

The book was very good and I am glad I read it. It was required reading for my natural health training course and I can see why it was included.

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